

The 7 Steps - July



Telehealth

1. CONTEXT

Mindmap anything you know about the topic, including vocabulary. Do some research online to help.

2. QUESTIONS

Read the listening questions to check your understanding. Look up any new vocabulary.

3. LISTEN

Listen and answer the questions using full sentences. Circle the number of times and % you understood.

Listening Questions 1

1. What are the goals of Telehealth?
_____.
2. What are 2 examples of Telehealth services?
_____.
3. In what parts of the world are Telehealth showing the most growth?
_____.
4. How do institutions provide online information and what are some examples of this information?
_____.
5. What are the advantages of empowering people with medical knowledge?
_____.

Listening Questions 2

1. Who can access The Online Home Doctor service and how?
_____.
2. What is the aim of this service?
_____.
3. What are 2 benefits of this service?
_____.
4. What hinders the use of Telehealth services?
_____.
5. Why can't doctors make accurate diagnoses all the time?
_____.

Discussion Questions

1. What do you think about Telehealth services? What positive affect can it bring to your country?
2. What are your concerns about this kind of service?

| Listening 1 | | | | |
|-------------|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 |
| | | | | |
| % | % | % | % | % |

| Listening 2 | | | | |
|-------------|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 |
| | | | | |
| % | % | % | % | % |

4. CHECK ANSWERS

Read through the transcript and underline the answers. Check them against your own answers.

5. CHECK VOCABULARY

Read the transcript and circle any new vocabulary you find. Look them up and add them to your list.

6. READ ALOUD

Read the transcript aloud at least 5 times, focusing on intonation and pronunciation.

| | | | | |
|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 |

7. SHADOWING

Say the transcript aloud at the same time as the audio without reading it. Circle how many times below.

| | | | | |
|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 |

TRANSCRIPT 1

Telehealth is an **evolving** technology that aims to help doctors and patients stay more connected. The goal of telehealth is to provide health care access through the internet. It includes doctor interactions, nursing services, and medicine delivery without having to make an appointment or travel to a clinic. As our workstyles and lifestyles change and adapt, so too is the health industry in order to provide services to those in need.

The market itself is expected to rise to \$US26.7 billion by 2025 as rapid growth is already happening in Europe and North America. More and more hospitals, clinics, and private health companies have **adopted** technology which provides online on-demand access to health information, doctor consultations, and public health alerts through smartphone apps.

This greater access to the Telehealth industry aims to **empower** people as a greater amount of information can be shared faster to patients. This allows patients to learn more about up-to-date medical information and at-home treatment, while giving doctors and health care professionals the ability to monitor and advise patients in a timelier manner.

MATCH THE ANTONYMS BY DRAWING LINES BELOW:

| | |
|----------|----------------|
| Evolve | Neglect |
| Adopt | Halt |
| Empower | Encourage |
| Seek | Reject |
| Hinder | Insignificant |
| Pressing | Disenfranchise |

TRANSCRIPT 2

In Japan, one of the leaders in Telehealth is Joes Corporation. Created by Tatsunori Jo, this service specializes in medical consultations and examinations for people in Japan. The Online Home Doctor service can be accessed in English, Chinese, Vietnamese and Japanese through an online app. The aim of the app is to reduce the language barriers associated with non-Japanese explaining their conditions properly when visiting regular clinics.

This system has a higher level of flexibility and convenience for medical services, and provides greater medical support for rural areas and remote islands as access to doctors and medical professionals is a lot easier. Also, patients have been faster to **seek** medical advice which has reduced the impact on hospitals and emergency services.

As the industry goes through this rapid expansion, they are being held back by some considerable challenges. Hacking of private information and IT security are issues, while the lack of internet access in some regions and less usage by the elderly **hinder** its effectiveness. The most **pressing** concern is the number of misdiagnoses that have occurred. As there is no physical examination of patients, doctors face the risk of missing all the indicators to make an accurate diagnosis.